

THURSDAY, JUNE 28, 2012

THE FORT JACKSON LEADER

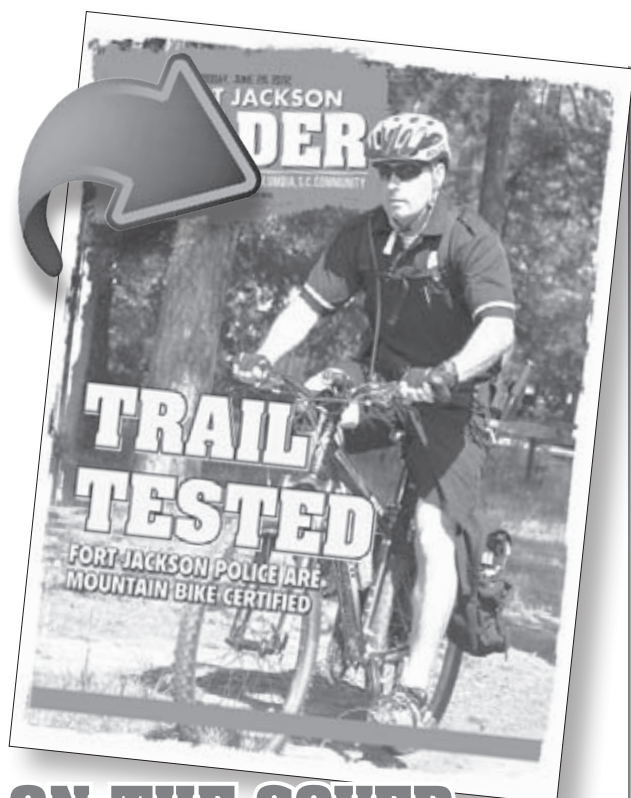
PUBLISHED FOR THE FORT JACKSON/COLUMBIA, S.C. COMMUNITY
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PAGES 16

★ COMMUNITY SNAPSHOTS, PAGES 9 ★ HAPPENINGS, PAGE 15 ★ POLICE, PAGE 15 ★ FMWR, PAGE 22 ★ SPORTS, PAGE 28 ★



ON THE COVER

Photo by ANDREW McINTYRE

Raymond Meals, a police officer with the Fort Jackson Directorate of Emergency Services, is on his way to a staged crime scene where an officer was shot. The scenario includes riding the bike a quarter of a mile, dismounting the bike and delivering three well-aimed shots at the provided targets. **SEE PAGE 16.**

THE FORT JACKSON LEADER

Fort Jackson, South Carolina 29207

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The Fort Jackson Leader is published by Camden Media Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Jackson. The civilian printer is responsible for commercial advertising.

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For questions or concerns about subscriptions, call (803) 432-6157. To submit articles, story ideas or announcements, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail fjleader@gmail.com.

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COMMANDER'S CALL

It is never too late to pay our respects

'Salute to the Nation' is on track to be a success

As we prepare for next week's Fourth of July "Salute to the Nation" celebration, I want to point out that the planning that goes into an event such as this is just as spectacular as the show itself. From a strategist's view, the beauty of an event of this magnitude is in seeing the working parts come together, the culmination of all the extensive preparation that is carried out in precision to make Fort Jackson's event once again the best Fourth of July fireworks display in the area.

Next Wednesday night's "Salute to the Nation" is once again on track to be another tremendous success and a lot of that is due to the coordinated effort that goes into the preparation. To host a Fourth of July such as this requires the strength of two battalions and the support of practically every unit on post — at one point or another.

Let's just take a quick look at just what the challenge of traffic control alone presents. Consider that nearly 30,000 spectators attend the fireworks display. Factor in that 20,000 will be coming on and off post, and then there's between 8,000 and 10,000 Soldiers who will need to get to and from Hilton Field.

Get the picture? Anyway, our Fourth of July fireworks display and next Saturday afternoon's FMWR-organized comedy show and concert are prime examples of events that take a lot of planning, work and coordination of many people.

As you know, our fireworks display is our showcase community entertainment event every year. It was formerly known as Torchlight Tattoo. We have been doing this for nearly three decades and it has not missed a step. The Soldier Support Institute has had the lead, and does a wonderful job of coordinating this huge undertaking.

The SSI, the 282nd Army Band, the 369th Adjutant General Battalion and the 171st Infantry Brigade Salute Battery all deserve a lot of credit in making this event happen. The July 7 "Laughter, Love and Fiddle Tour," featuring the comedian Paul Varghese and fiddler Natalie Stovall, has been set up by FMWR. This effort is another fine example of the teamwork and accomplishment that takes place here every day. I hope you get out and enjoy the fruits of their labor.

I am sure that the concert will be very entertaining

and something you won't want to miss.

On a somber note, I am hoping that all of you will pause and think about all our Soldiers who are unable to join our Fourth of July celebration or other similar stateside events because they are engaged in protecting the many freedoms that make this all possible.

Sometimes we forget the fact that the American way of life is under constant attack. Let us never take any of our freedoms for granted. Let us also not forget our history and the countless number of brave men and women who have gone before us — some of whom have paid the ultimate sacrifice — in

preserving the unalienable rights of life, liberty and the pursuit of happiness.

During this year's celebration we will join the Army, Defense Department and the Nation in commemorating the 50th Anniversary of the Vietnam War with a special tribute to our Vietnam-era Veterans.

America's veterans of the Vietnam War served and sacrificed for our country — more than 58,000 made the ultimate sacrifice. But those who returned home were welcomed not with the open arms of a grateful nation, but with the cold shoulder of a people so divided and ashamed of our nation's role in Vietnam that these Patriots were shunned and ignored. It is never too

late to pay them the respect and support they deserve; we owe it to all our Vietnam Veterans and their Families to ensure they know this nation truly appreciates the service, sacrifices and hardships they endured during one of the most challenging times in our nation's history.

As Soldiers we take pride in the tremendous responsibilities placed upon us to serve and protect.

At a busy Basic Combat Training installation such as ours, in which days are long and the work is demanding, celebrations such as these also offer a break from our schedules and a chance to kick back. But a fireworks outing or a weekend barbecue get-together is not an excuse to ignore safety and behavior standards.

To that end, I am expecting you to practice good safety and exercise good judgment at all times. Our Fourth of July festivities should be a lot of fun. So relax and enjoy! You earned it!

Victory Starts Here! Victory 6!

By **BRIG. GEN. BRYAN T. ROBERTS**

Fort Jackson
Commanding General



Follow Brig. Gen. Bryan T. Roberts at www.facebook.com/FortJacksonCommandingGeneral

Ex-NBA ref blows whistle on PTSD

By WALLACE McBRIDE
Fort Jackson Leader

Bob Delaney said it's time to change the way people think about post traumatic stress.

The former New Jersey state trooper and NBA referee visited Fort Jackson June 21 to speak with Soldiers about his own struggles with post traumatic stress, and said he intentionally avoids using the word "disorder" to describe the problem.

"When you use the word 'disorder' it comes across as mental illness," he said. "My belief is that this is a human condition, it is not a mental illness. We need the doctors and the clinicians, but the first line of defense is peer-to-peer therapy — our ability to get these feelings out."

Delaney is touring TRADOC installations to hold outreach sessions with Soldiers and their families, discussing the impact Post-Traumatic Stress Disorder has on the individuals, family and friends. He has been dealing with PTSD since working undercover as a New Jersey state trooper in the 1970s. Delaney operated under the name "Bobby Covert" and posed as the head of a trucking company that served as a front for an investigation into organized crime.

Dubbed "Project Alpha," the joint task force produced more than 100 arrests, beginning with a raid in 1977 that brought charges against members of organized crime in three states.

"On the day of the raid, we were going to lock up 30 mob guys from the New York, New Jersey and Philadelphia area," Delaney said. "I was excited, because I was going to be able to go back to being Bob Delaney. I could get rid of this 'Bobby Covert' guy I'd been playing for three years."

The arrests went as planned, but Delaney said his emotional response to the raid took him by surprise. While standing with other members of law enforcement, he was spotted by a suspect named Ronnie Sardella as he was brought in for booking. Delaney had known Sardella well during his time undercover.

"Bobby, what'd they pinch ya for?" Sardella asked him.

Delaney relaxed his pose and revealed that his hands were not cuffed behind his back. A detective told Sardella that Delaney was a cop.

"The look that went between me and Ronnie Sardella was not one of anger, it was one of hurt," Delaney said. "He looked at me like, 'How can you do this to me? I'm your friend.'"

Delaney said his values were "twisted" and that part of him came to regret his actions. Betrayal didn't come naturally.

"I wasn't looking at myself like Bob Delaney, I saw



Photo by WALLACE McBRIDE

Bob Delaney, a former NBA referee and former undercover state trooper, speaks to Soldiers about post traumatic stress at the Joe E. Mann Center, June 21.

myself as Bobby Covert," he said. "I didn't feel good about what I was doing to the people that I knew."

Ten days later, he learned that Sardella's associates had taken out a contract on his life.

During the following months, Delaney's professional behavior began to look more and more like the behavior of his undercover persona. A detective with a background in psychology suggested to Delaney that he might be suffering PTSD, an idea he initially rejected.

"I didn't take any particular notice to it and pushed him away," he said. Because of the unique nature of the investigation, Delaney was asked to speak to organizations ranging from Congress to local police departments. During an address at a New Jersey police academy, he spoke to a psychology professor, a conversation that quickly turned into "informal therapy."

Delaney said he rejected the idea again, believing that post traumatic stress was something "Soldiers go through."

"I pushed him away, as well," he said.

FBI agent Louis Freeh, who would go on to become the bureau's fifth director, connected Delaney with Joe Pistone, a former FBI agent who spent six years undercover as "Donnie Brasco." Delaney said that speaking

with someone who had lived with the day-to-day stress of undercover police work helped him to come to terms with his anxieties.

"That was my first introduction to peer-to-peer therapy," Delaney said. "Speaking to Pistone — that was the first time I could look in somebody's eyes, hear their words and know that they understood what I was going through. So I'm a big believer in peer-to-peer therapy as the first line of defense against post traumatic stress."

Delaney went on to become an NBA referee who officiated more than 1,700 regular season games, 160 playoff contests, and nine finals before retiring. His tour is sponsored by the "NBA Cares" program, which has made him an ambassador in a PTSD outreach program.

Attendance at last Thursday's event was light, with fewer than a dozen Soldiers in the audience. Delaney abandoned many of his usual lecture techniques, bringing some of the audience closer to the front of the room for a personal dialogue.

"We don't have to eradicate post traumatic stress. We have to learn how to deal with it, manage it and try to lose some of it along the way," he said. "When we share experiences, we learn from each other."

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LEADER DEADLINES

Article submissions are due two weeks before publication.

For example, an article for the July 12 Leader must be submitted by today.

Announcement submissions are due one week before publication.

For example, an announcement for the July 12 Leader must be submitted by July 5.

Send your submissions to FJLeader@gmail.com.

For more information, call 751-7045.



Fort Jackson to celebrate Fourth of July

Leader Staff Report

Fort Jackson's annual celebration of America's independence is scheduled for 8 p.m., Wednesday, at Hilton Field.

This year's ceremony features a cannon salute to each state and territory of the United States, music by the 282nd Army Band, and a 30-minute fireworks display. Attendees are asked to deactivate car alarms because the concussion from the howitzer cannons being used as part of this evening's ceremony may set off the alarms.

As part of the ceremony, Fort Jackson will honor service members from the Vietnam era.

Food and drink concessions will be available at Hilton Field starting at 4 p.m. Pets, grills, alcoholic beverages, firearms, and personal fireworks are not permitted, and coolers are discouraged in the bleachers. Bleacher and main grandstand seating are available and guests may bring lawn chairs and blankets for use on the field. The softball complex will be open to families with small children and will include games, crafts and carnival type rides.

The evening's festivities will conclude at

approximately 10 p.m. When leaving Hilton Field guests are encouraged to pay close attention to departure directions. Traffic routes to the various gates will be tightly controlled and once a motorist is on a specific gate route, there will be no means to take a different route.

Attendees should plan to arrive early for the best seats and parking. Access to the installation may be through Gate 2 (Forest Drive/Strom Thurmond Boulevard), Gate 4 (Percival Road/Boyden Arbor Road) or Gate 5 (Leesburg Road). Non-military ID card holders must possess a valid state or government issued identification card for entry. The vehicle driver must possess a valid driver's license, valid proof of insurance and a valid registration. After entering the installation, drivers should follow signs and the instructions given by traffic control personnel.

Motorcycle riders must also conform to DoD regulations to enter post. Requirements include: wear of a DOT approved helmet, full-fingered gloves, over the ankle boots, long-sleeved shirt/jacket and reflective vest or clothing.

Additionally, all visitors should be aware



Leader file photo

A Soldier holds a torch at last year's Fourth of July celebration. This year's event is scheduled to begin at 8 p.m., Wednesday, at Hilton Field.

that random vehicle searches will be conducted at the gates. At 8:45 p.m. gates 1, 4 and 5 will open all lanes to outbound traffic to facilitate the timely exit of vehicles fol-

lowing the fireworks. Gate 2 will allow entry to the post, but late arrivals will be directed to a parking lot from which the fireworks display will be visible.



Photo by JAMES ARROWOOD, command photographer

193rd welcomes new commander

Col. Joseph McLamb, left, accepts the colors of the 193rd Infantry Brigade from Brig. Gen. Bryan Roberts, Fort Jackson's commanding general, during a ceremony Friday at the Officers' Club. McLamb, who was deployed before coming to Fort Jackson, took over as commander of the 193rd for Col. Drew Meyerowich, right, whose next duty station will be Fort Leavenworth, Kansas.



Photos by WALLACE McBRIDE

1st Sgt. Michael Jones, right, and 1st Sgt. Mark Haliburton line up for lunch last week at the Drill Sergeant School dining facility. The dining hall is currently competing for this year's Philip A. Connelly Awards, which recognizes excellence in food service.

Dining facility aims for taste of victory

By WALLACE McBRIDE
Fort Jackson Leader

Linda Watson, manager of the Drill Sergeant School dining facility, said she wasn't worried about preparing for her evaluation in this year's Philip A. Connelly Awards. The program is held annually to recognize excellence in the preparation and serving of food in both garrison and field environments, but Watson said the dining facility's staff had done nothing special to prepare for last week's evaluation.

"We don't have to prepare," Watson said. "We do this every day."

The Drill Sergeant School dining facility is representing Fort Jackson in this year's Philip A. Connelly Awards competition. On June 21, a judge visited and evaluated the facility's food preparation, taste, nutrition, service and sanitation.

"I have a total of seven dining facilities I am looking at," said Chief Warrant Officer 4 Verona Williams, who visited the dining facility for the Connelly awards program last week. "This is the civilian category, which is unique. This is an outstanding operation."

Williams said last week's evaluation was part of a regional



Drill Sergeant School dining facility employees Rhonda Adams, left, and Melissa Thomas arrange fruit and vegetables in preparation for last Thursday's lunch service.

IMCOM Atlantic review. The facility that wins the regional honor will compete in the next phase of the competition, which is Armywide.

John Nelums, quality assurance evaluator with the Directorate of Logistics, said the results of last week's evaluations should be known by July 20.

"The finest dining facilities compete for this annually," Nelums said. "This year, in the contract category, the U.S. Army Drill Sergeant School has been nominated to compete against all of the other contracted facilities throughout the world. It's like the Super Bowl."

Nelums said Fort Jackson's dining facilities are among the best in the Army, in part because of recent improvements made to nutritional programs.

"We're trying to upgrade all of the dining facilities throughout the Army," he said. "We're going through a reformation. It happens about once every 50 years, and it was just time for us to move forward."

In 2008, the 2nd Battalion, 39th Infantry Regiment DFAC was named best large garrison DFAC Armywide by the Philip A. Connelly Awards, the first time in the program's history the post has received this honor. The Philip A. Connelly Awards Program is governed by the Army Food Service Program, and co-sponsored by the International Food Service Executives Association and the Department of the Army.

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Photo by SENIOR AIRMAN WESLEY FARNSWORTH

Sgt. 1st Class Adam McQuiston, from Fort Leonard Wood, Mo., directs two Soldiers on the proper way to perform a combatives move, Monday.

2012 Drill Sergeant of the Year contest under way this week

By **STEPHANIE SLATER**
TRADOC

FORT EUSTIS, Va. — Six of the Army's best drill sergeants began vying for the title of 2012 Army Drill Sergeant of the Year, Monday at Fort Eustis, Va.

Four competitors from the active component and two competitors from the reserve component will endure physical and mental challenges during the four-day competition, which tests their knowledge of warrior tasks and battle drills and their ability to teach these

tasks to new Soldiers.

The competition is hosted by Initial Military Training, TRADOC.

On their first day, the drill sergeants were assessed on their ability to demonstrate and instruct urban orienteering, such as clinches in combatives and correct actions to take in response to a role-playing Soldier suspected as suicidal. A second round of assessments included tests on drill and ceremony movements and providing care under fire.

The active and reserve drill sergeants of the year will be announced during a ceremony Friday.



Photo by STEPHANIE SLATER, TRADOC

Staff Sgt. Jeffrey Heilman, Fort Jackson's Drill Sergeant of the Year, leads Soldiers through a series of drill and ceremony movements, Monday.



Photo by STEPHANIE SLATER, TRADOC

Staff Sgt. Jarod Moss, with the 95th Reserve Division, shows Pvt. Willie Sutton how to order arms.



Photo by SUSANNE KAPPLER

Retirement Review

From left, Lt. Col. Gregory Bauldrick, Lt. Col. Robin Smith, Maj. Shanda Cofield, Command Sgt. Maj. Michael Love Jr., Sgt. 1st Class Michelle Raether, Sgt. Harlan Adams, 1st Sgt. Nelson McKenzie, 1st Sgt. Franklin Chapman, 1st Sgt. Willie Roberts and Karen Soule are honored during Retirement Review, Tuesday at the Post Theater. The 10 honorees combined for more than 250 years of federal service.



Photo by ANDREW McINTYRE

Money talk

Mary Sally Matiella, assistant secretary of the Army, Financial Management and Comptroller, delivers a presentation June 21 at Dozier Hall to the local Palmetto Chapter of the American Society of Military Comptrollers and to civilian and military comptrollers on post.



Photo by ANDREW McINTYRE

Fun in the sun

Trey Blackwell, 5, cools off at Palmetto Falls Water Park, Tuesday. The water park is open from 11 a.m. to 7 p.m., Tuesdays through Saturdays, and from 1 to 7 p.m., Sundays.

Manage budget with apps

Smartphones are a popular tool to stay connected or entertained, but smartphone applications also can help you stay on track with your budget.

HOW TO SELECT A PERSONAL FINANCE APP

Look for apps that will help you track, budget and manage your finances directly from your smartphone. In addition, some apps have the capability of syncing directly to checking and savings accounts or credit card accounts.

For consumers who are not comfortable with syncing, there are apps that will allow data from transactions to be entered into the app directly by the consumer.

Other apps are designed to help you pay down debt. These apps allow for consumers to try various options of paying down debt using either highest or lowest interest rate or highest or lowest balance. Alerts within the apps help remind consumers that a payment is coming up or a payment is past due.

Always remember to safeguard all user names and passwords when using apps for personal finances. Don't forget to lock your smartphone with a security code to prevent thieves from accessing personal information.

FINANCIAL ADVICE

By *CHRISTINE JULIUS*
Army Community Services
Financial Readiness

Some personal financial apps are free, others may charge a monthly fee. Always do your research to make sure the app selected is the one that will have the tools to help meet your personal financial goals.

WHERE DO I FIND PERSONAL FINANCE APPS?

Start with your financial institution. Most financial institutions support mobile banking, which allows customers to check balances, conduct fund transfers and pay bills via mobile devices. Some financial institutions offer the ability to scan and deposit checks with smartphones.

Various personal financial apps are also available at your smartphone's apps store.

For more information or to schedule an appointment with a financial counselor, call 751-5256.

UPCOMING CHANGES OF COMMAND/RESPONSIBILITY

- ❑ **Friday — U.S. Army Garrison Fort Jackson:** Col. Michael Graese will assume command from Col. James Love; 9 a.m.; Post Headquarters.
- ❑ **Friday — 1st Battalion, 13th Infantry Regiment:** Command Sgt. Maj. Neal Seals will assume responsibility from Command Sgt. Maj. Eddie Delvallealicia; 1 p.m.; battalion headquarters.
- ❑ **Monday — 1st Battalion, 13th Infantry Regiment:** Lt. Col. Gregory Trahan will assume command from Lt. Col. Matthew Zimmerman; 9 a.m.; Officers' Club.
- ❑ **July 12 — Training Support Battalion:** Lt. Col. Neil Mahabir will assume command from Lt. Col. Sula Irish; 8:30 a.m.; Officers' Club.
- ❑ **July 20 — 171st Infantry Brigade:** Col. Mark Bieger will assume command from Col. George Donovan; 9 a.m.; Officers' Club.
- ❑ **July 20 — NCO Academy:** Command Sgt. Maj. Carrie Glover will assume responsibility from 1st Sgt. Trinetta Robinson; 10 a.m.; NCO Academy.
- ❑ **Aug. 21 — 369th Adjutant General Battalion:** Lt. Col. David Jones will assume command from Lt. Col. Edward Allen; 8:30 a.m.; Darby Field.

Housing Happenings

COMMUNITY UPDATES

❑ First-time home buyers in South Carolina are eligible to participate in the State Housing Program, which offers a fixed interest rate as low as 4 percent. For more information, visit www.schousing.com or call 896-9396.

❑ The Housing Services Offices provides assistance with finding rental homes and reviewing lease agreements. For more information, call 751-5788/7566 or visit the office at 4514 Stuart Ave.

❑ Residents are urged to be mindful when using charcoal and gas grills. Grills are not allowed to be used indoors and must be no closer than 10 feet to a building or enclosed shelter. Propane tanks must not be stored indoors.

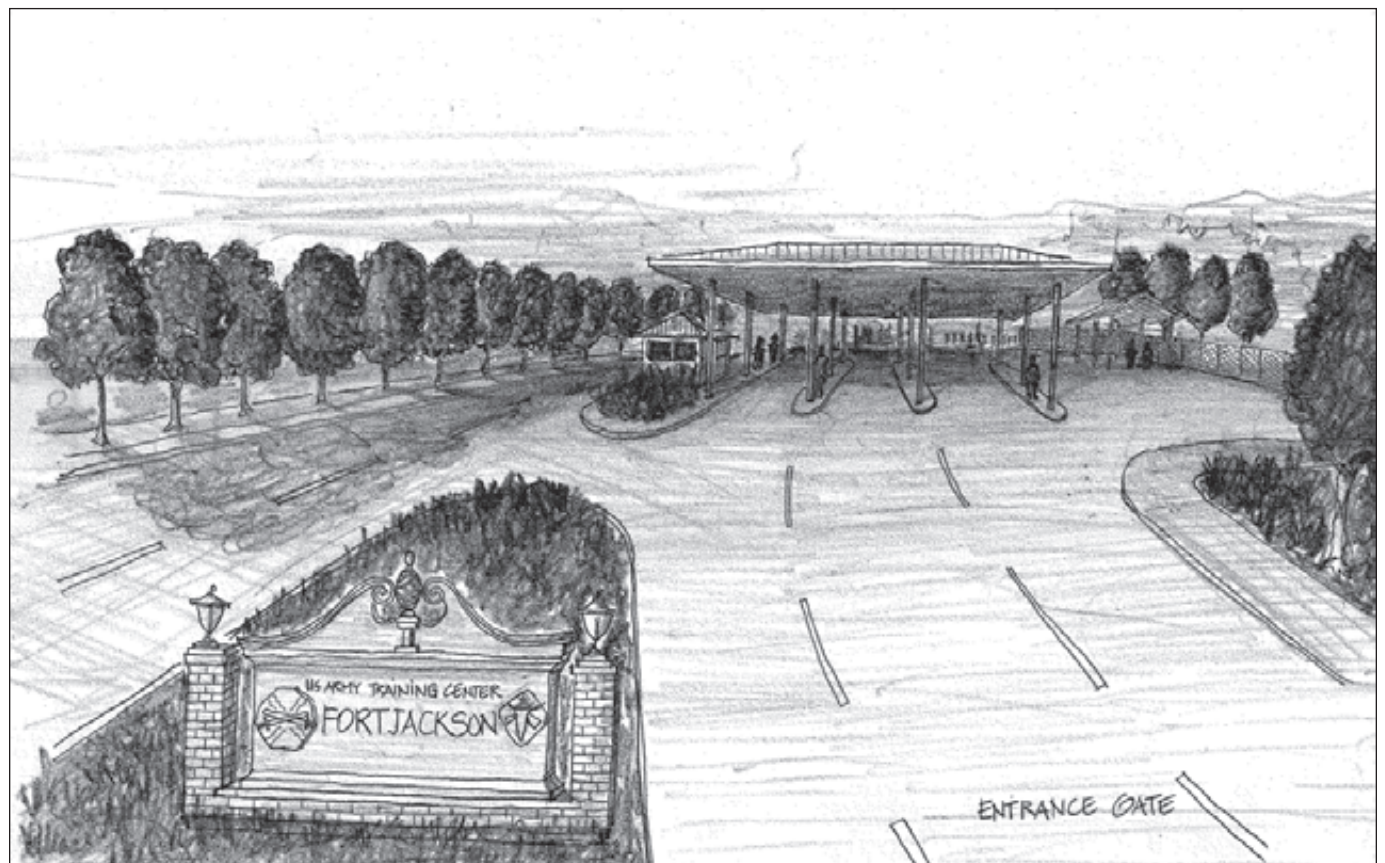
❑ The Home Ventilation Institute recommends that you use kitchen ventilation fans while cooking and bathroom ventilation fans for 30 minutes after each shower. Fans help minimize excess humidity in the home, reduce condensation and promote good indoor air quality.

❑ The Mayoral Council is looking for volunteers to serve as mayors of the Fort Jackson housing community. Child care is provided while performing mayoral duties. Interested residents should contact Vickie Grier at 751-7567.

❑ LifeWorks events are reserved for on-post housing residents unless otherwise indicated. For questions, comments or suggestions, email ayoungblood@bbcgrp.com.

❑ Refer someone to move on post to receive \$200.

❑ Trampolines are prohibited in the housing area. For more information, view the Balfour Beatty Communities resident guide at www.fjacksonfamilyhousing.com or contact the management office at 738-8275.



Courtesy graphic

Gate 2 to close

Gate 2 off Forest Drive will be closed for renovation July 9 through Sept. 20. The rendering above depicts the gate's new look. The gate will receive visual upgrades and lane modifications to enhance traffic flow. Drivers are encouraged to use Gate 4 off Percival Road during the renovation. Gate 4 will be open to inbound traffic only from 5 to 9 a.m. during that time. Visitors and employees should factor in delays.

Watch Fort Jackson video news stories
and Victory Updates
at <http://www.vimeo.com/user3022628>

Like us on Facebook. Log on and search for "Fort Jackson Leader."

News and Notes

4-10TH WELCOMES NEW COMMANDER



PURVIS

Lt. Col. Joseph Purvis assumed command of the 4th Battalion, 10th Infantry Regiment in a ceremony Wednesday at the Officers' Club. Purvis, who previously served as the deputy operations officer with the 1st Cavalry Division, replaces Lt. Col. Robert Fouche, whose next assignment will be with the 2nd Battalion, 14th Infantry Regiment, 2nd Brigade Combat Team at Fort Drum, N.Y.

ROAD CLOSED

Sumter Avenue is closed between Ferguson Avenue and Magruder Avenue. The closure is necessary because of construction of new water and sewer utility lines. The road is scheduled to reopen July 16.

JULY 4 CELEBRATION SET

This year's Salute to the Nation celebration is scheduled for 8 p.m., July 4 at Hilton Field. Gates open at 4 p.m.

PPE REQUIRED FOR VISITORS

Visitors of this year's Salute to the Nation celebration riding motorcycles are required to wear protective equipment to get access to the installation. Riders must wear a DoT- or SNELL-approved helmet, eye protection, a long-sleeved shirt, a reflective vest, long pants, over-the-ankle foot wear and full-finger gloves. Motorcycle riders without the proper protective equipment will not be allowed access to the installation.

ACTIVE DUTY GET IN FREE AT PARKS

Active duty service members can now get a free annual pass to national parks and federal recreation lands. The pass can be picked up at any national park or wildlife refuge that charges an entrance fee.

For a list of participating sites, visit <http://store.usgs.gov/pass/PassIssuanceList.pdf>.



Friday, June 29 — 6 p.m.	
Chernobyl Diaries	R
Saturday, June 30 — 4 p.m.	
The Dictator	R
Sunday, July 1 — 2 p.m.	
Battleship	PG-13
Tuesday, July 3 — 1 p.m.	
Battleship	PG-13
Tuesday, July 3 — 4:30 p.m.	
Marvel's The Avengers	PG-13
Saturday, July 7 — 4 p.m.	
Chernobyl Diaries	R

Adults: \$4.50
Children (12 and younger): \$2.25
For more listings, visit www.aafes.com or call 751-7488.

Cone outlines Army 2020 plans

By AMY L. ROBINSON
TRADOC

FORT EUSTIS, Va. — The commanding general of TRADOC had an opportunity to share his thoughts on the Army of 2020 with the local chapter of the Association of the United States Army during a professional development forum in Williamsburg, Va., June 21.

Gen. Robert Cone opened the 30th annual forum, titled "The Army of 2020," where he spoke with members of the Virginia Peninsula General Douglas MacArthur Chapter of AUSA about TRADOC's priorities, challenges and the way ahead for the command and the Army.

"Our first priority in TRADOC will always be the preparation of our Soldiers and our units for ongoing combat operations in Afghanistan," Cone said. "When American Soldiers go into harm's way, they deserve the best training and the best equipment, and that will be job one."

In addition to continuously providing well-trained and well-equipped Soldiers

to America's Army, TRADOC also faces the challenge of transitioning from 10 years of war to a peacetime Army.

"At the height of the surge, there were situations where, literally, kids would graduate from basic training, go right into the 3rd (Infantry Division) and deploy," Cone said. "We are returning now, across the board, to a more balanced approach of maintaining a warrior ethos, maintaining the lessons of the last 10 years — but at the same time, changing the curriculum."

This change in curriculum means the future force will be an Army of preparation with a focus on training and leader development, the general said.

Cone said the Army faces two major transitions — human and structural, adding that although TRADOC has always guided the Army through these types of transitions, the command also must think about tomorrow.

"Some would argue that the Army of 2020 is a little close-in for TRADOC to be focused on, and my argument is when you go from 570,000 or 580,000 down to 480,000 (Soldiers), you can't cut away

pieces of the Army," Cone said. "You have to think about fundamentally redesigning the Army."

But with the challenge of redesigning the future force comes an even greater challenge of maintaining the Army's greatest asset — its people.

"These people, in the last 10 years — at the point of the spear — adapted this Army in a way that many of us senior officers could not see," Cone said. "We had the most experienced tactical force in decades."

But I'll tell you this — when I talk to them, they're concerned with things like retirement, force structure cuts and what's going to happen."

Cone said the Army must capture the excitement and imagination of this generation of warfighters, and it's incumbent upon Army leadership to develop that vision.

And through initiatives like the Army Profession, leader development, the Army Learning Model and Doctrine 2015 — Cone said he believes TRADOC is doing exactly that.

SOLDIERS LEADERS CIVILIANS FAMILIES

Take 5

for Vacation Safety

- Maintain your vehicle so it's as ready for the road as you are.
- Don't "gawk-and-roll" — stop if you want to see the sights.
- Don't let today's tan be tomorrow's cancer. Use sun screen protection.
- Stay hydrated for health.
- Keep your boat and your drinks off the rocks — sail sober.
- Hope and safety both float when you're wearing a life jacket.

Take 5 ... then take action.

Calendar

Wednesday
Salute to the Nation celebration
8 p.m., Hilton Field
Gates open 4 p.m.

Wednesday, July 11
The Fort Jackson Sound Off
Toastmasters Club
11:30 a.m.-12:45 p.m., Dozer Hall.

Friday, July 13
Fort Jackson birthday celebration
11:30 a.m. to 3:30 p.m., Solomon Center

Tuesday, July 17
Helping Hands award presentation
9 a.m., Joe E. Mann Center

Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Throughout the summer
Free popsicle Fridays
Children can stop by the Community Center every Friday this summer for a free popsicle while supplies last.

Announcements

REGISTRATION FOR NEW STUDENTS
Registration for grades three through six at C.C. Pinckney Elementary School is scheduled for 8 a.m. to noon, Tuesday through Thursday, July 9 through Aug. 8. The following documents are required: copy of birth certificate; current orders and ID card for military sponsor and spouse; proof of immunizations; housing lease agreement or letter from housing verifying that the family is on the waiting list.

YOUTH SPORTS REGISTRATION
Registration for the Child Youth and School Services Youth Sports tackle football camp continues through July 5. Camp

dates are July 9-12 and July 16-19. The camp is open to children 7 to 13 years old. The cost is \$30. For more information, call 751-5040/7451.

LUNCH AND LEARN SEMINAR FOR MILITARY SPOUSES
Are you tired of looking for a job with each PCS move? Do you want a career that will be with you throughout your spouse’s military career? If so, participate in the Military Spouse Employment Partnership Awareness Seminar 12-1 p.m., July 10, in Room 222 of the Strom Thurmond Building. A free lunch and door prizes will be provided.

CONSUMER CONFIDENCE REPORT
Copies of the Palmetto State Utility Services, Inc., Consumer Confidence Report will be made available after July 1 at the Commissary, the Directorate of Public Works, Main PX, Mini-Mall, Palmetto State Utility Services, Post Office, Shopette – Gate 1, Shopette – Gate 2, the Strom Thurmond Building and the Welcome Center.

PARKING LOT/STREET CLOSURE
The Joe E. Mann Center parking lot, the Post Conference Room parking lot, and Gregg and Forney streets will be closed for regular traffic from 7 to 11 a.m. Friday for a Change of Command ceremony.

SUMMER FEEDING PROGRAM
The Seamless Summer Feeding Program allows children 18 and younger to have free meals during the summer months. Breakfast will be served from 8:30 to 9 a.m., lunch will be served from 11 a.m. to 1 p.m. at C.C. Pinckney Elementary School. For additional locations in the Richland One school district, visit www.richlandone.org.

ID CARD OFFICE CHANGES
The ID Card Office now operates on an appointment-only basis from 9:45 a.m. to 4:15 p.m., Monday through Friday. Walk-ins are welcome 8 to 9 a.m., Monday through Friday.
To schedule an appointment, visit <https://rapids-appointments.dmdc.osd.mil>.

For more information, call 751-7731.

CIVILIAN CAREER WEBSITE
A new website has been launched that consolidates information about civilian training and career development. Visit the site at www.civiliantraining.army.mil. The Army Civilian Training and Leader Development Division also established a Facebook page at www.facebook.com/armyciviliantraining.

CAC REPLACEMENTS
Some Common Access Cards that are set to expire after Sept. 30 will have to be replaced because they contain older encryption keys that will no longer provide network access. Most CACs contain the newer, compatible encryption keys. Personnel who are affected, will receive an email from DMDC.CAC.Replacement.Notification@osd.pentagon.mil. To replace the CAC, visit <https://rapids-appointments.dmdc.osd.mil> and schedule an appointment.

THRIFT SHOP NEWS
The Thrift Shop will be closed Tuesday through July 12. Donations may be dropped off any time at the back door.
The shop has donated more than \$12,000 to various community organizations between June 2011 and May.
The Thrift Shop is open from 9 a.m. to 3 p.m., Tuesdays and Thursdays, and from 9 a.m. to 5 p.m., Wednesdays.

HIRED! TERM
The next HIRED! teen apprenticeship program term is scheduled for Aug. 26 through Nov. 17. Applications are due Aug. 17. A successful interview must be completed before the start of the term.

OPM SURVEY UNDER WAY
The Office of Personnel Management has begun its 2012 Federal Employee Viewpoint Survey. The survey runs through Monday.

AA OPEN MEETINGS
Alcoholics Anonymous open meetings are scheduled from 9 to 10 a.m., Wednesdays and Fridays at 9810 Lee Road. For

more information, call 751-6597.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events. Send your announcements to fjleader@gmail.com.
Community announcements may be edited to comply with Leader style and Public Affairs regulations. Announcements are due one week before the publication date. For more information, call 751-7045.
For information about classified advertising, call 432-6157.
Classified ads may also be sent by fax to 432-7609 or by email to skaress@ci-camden.com.
For information about display advertising, contact Kathy at 786-5681.

Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

SPIRIT OF AMERICA TOUR
The Army’s Spirit of America tour will perform at the Colonial Life Arena Sept. 21 and 22. Tickets are free and available at www.soa.mdw.army.mil.

MARINES WANTED
The Marine Corps League, Detachment 829 is looking for Marines to join. For more information, email hhulett156@bell-south.net.

BIG BROTHERS BIG SISTERS
Big Brothers Big Sisters of Greater Columbia is seeking volunteers to serve as big brothers and big sisters for its site-based Military mentoring Program at CC Pinckney Elementary School. Children are matched with a volunteers in the program, and receive weekly visits from their mentor for games and studying. Volunteers must be at least 18 years old, reside in Richland or Lexington counties and plan to stay in the Greater Columbia area for the next 15 months, and be willing and able to meet with their matched child for one hour per week. Background checks are required.

FIRST RESPONDER

Lt. Col.
Raymond Simons
Director, Emergency Services

Maj. Bradford Fisher
Provost Marshal

Sgt. Maj. Bruce Sirois
Provost Sergeant Major

Bill Forrester
Fire Chief

The following are incidents compiled from reports, complaints or information received from the

Fort Jackson Provost Marshal Office.
The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

CASES OF THE WEEK
❑ A driver was denied access to the installation after security guards found a concealed weapon in his vehicle, officials said.
❑ The windshield of a parked vehicle was damaged near the Solomon Center, Military Police reported. The windshield was hit by a rock that was propelled by a lawn mower blade, reports indicated.





TRAIL BLAZERS

Jennifer Jutkofsky, Law Enforcement Bicycle Association instructor, speaks with police officers about the importance of keeping their eyes on the road before their first class bike ride, June 18. The police officers attended a weeklong mountain bike certification course on Fort Jackson.

Photos by ANDREW McINTYRE

Fort Jackson police officers are mountain bike certified

By ANDREW McINTYRE
Fort Jackson Leader

Five Fort Jackson police officers made history last week by becoming the first certified mountain bike police officers on post.

The Directorate of Emergency Services partnered with the Columbia and Palmetto Health police departments to host a Mountain Bike Training Certification Course for a group of 10 police officers. After the weeklong training that included how to maintain a bike, nutrition classes and riding more than 60 miles, the police officers who participated are “Class A Certified” mountain bike police officers through the Law Enforcement Bicycle Association.

“I thought the training was very good overall. I loved the stress part of it and I think we should do it more often,” said Cpl. Raymond Meals, Fort Jackson police officer.

The training took the police officers through unfamiliar terrain.

“These guys had to do a 26-mile bike ride in one day through rugged terrain, rocks, mud and water, soft sand, the heat, the elements of the weather,” said Sgt. Daniel Wesley, who is a certified mountain bike police officer with the Columbia Police Department and was one of the instructors of the course.

LEBA requires an officer to complete four consecutive days of mountain bike training covering various topics to receive the certification.

“What this (training) is going to do is get our officers out in the community. This helps our people become more comfortable with police officers in the community,” said Capt. Fred Paxton, Fort Jackson police supervisor.



Jutkofsky assists Walter Vance, an officer with the Palmetto Health Police Department, with fixing his bike after completing a six-mile bike ride.



Raymond Meals, a Fort Jackson police officer, fires one round at a target to receive points toward certification for the Mountain Bike Certification Course.



Photos by ANDREW McINTYRE

Nicholas Scott, an officer with the Columbia Police Department, fires his pistol at three separate targets, Friday during a training session at Fort Jackson.

CYCLISTS

Continued from Page 17

“It’s always very important to have that community contact. We’ve lost an element (mountain bike officers) during that time of post-Sept. 11, when law enforcement took a big shift and moved into a more technological range because of the type of threat that may have been out that time,” said Jennifer Jutkofsky, Columbia police officer and LEBA instructor.

“Using technology is an absolute must in this profession because we must keep up with everyone else out there, but the factor that we cannot lose is the element of the officer being out of the car and being able to have community contact, which a vehicle does not allow,” she said.

She said officers on mountain bikes also give police departments the opportunity to achieve a tactical dynamic that cannot be attained in a vehicle. The Fort Jackson mountain bike police officers are expected to be used in the housing areas and other places where cars are unable to pursue a suspect, Paxton said.

“We want to be a positive, approachable role model for the kids,” Meals said.

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Police officers listen as Jennifer Jutkofsky, LEBA instructor talks about how to apply lessons learned from previous classes taught about bike riding safety, June 18. Police officers attending the training had to attend 15 classes before being certified.

BCT honorees

DRILL SERGEANTS OF THE CYCLE



Staff Sgt. Christopher Nelson
Company A
1st Battalion,
61st Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pfc. Nicholas Hawkins

SOLDIER OF THE CYCLE
Pfc. Joseph Cribbs

HIGH APFT SCORE
Pvt. Keith Wages

HIGH BRM
Pvt. Roger Randolph



Staff Sgt. Kenisha Andrews
Company F
1st Battalion,
61st Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Devante Moses

SOLDIER OF THE CYCLE
Pvt. Jacob Rau

HIGH APFT SCORE
Pfc. Kyle Reed

HIGH BRM
Pfc. Jose Pizzaro

SUPPORT AWARDS OF THE CYCLE

STAFF SUPPORT
Sgt, Tamara Graham

DFAC SUPPORT
Ruth Brown

TRAINING SUPPORT
Charles Smalls

FAMILY SUPPORT
Megan Chicos

SERVICE SUPPORT
Staff Sgt. James Grondin

Follow the Leader on Twitter at www.twitter.com/fortjacksonpao.

Training honors



DITTEMORE



MELCHER



ALMUTARI



ALOTABI



MITCHELL



WASHINGTON



CRAIG

2nd Lt. August Dittmore
Distinguished honor graduate
Basic Officer Leadership Course
Adjutant General School

Capt. Katherine Melcher
Distinguished honor graduate
Captains Career Course
Adjutant General School

Saudi Arabian Capt. Mohammed Almutari
International honor graduate
Captains Career Course
Adjutant General School

Saudi Arabian 1st Lt. Saad Alotabi
International honor graduate
Basic Officer Leadership Course
Adjutant General School

Sgt. 1st Class Sean Mitchell
Platoon sergeant of the cycle
Company C
369th Adjutant General Battalion

Sgt. 1st Class Wanda Washington
Instructor of the cycle
Company C
369th Adjutant General Battalion

Sgt. Paul Craig
Cadre of the cycle
Company C
369th Adjutant General Battalion

Want more Fort Jackson news? Watch Fort Jackson video news stories and Victory Updates at <http://www.vimeo.com/user3022628>.



Courtesy photo

Casey McNaboe, left, an apprentice with HIRED!, learns to make a sign from Earl Jones, who works in the Family and Morale, Welfare and Recreation Marketing Division.

HIRED! program provides teens with work experience, stipend

By CASEY McNABOE
HIRED! Apprentice

Finding a first job can be a daunting task for today's teenagers as even traditional "teen jobs" are harder to find in this economy. Thanks to Child, Youth and School Services' HIRED! program, teens with little or no experience have the opportunity to learn job skills and gain experience through apprenticeships.

HIRED! is an apprenticeship program, in which children of service members or DoD civilians experience different career fields by completing a 12-week apprenticeship with a Family and Morale, Welfare and Recreation activity, as well as other participating agencies on post.

The program is open to students 13 to 18 years old.

Before placement with FMWR or any other post agency mentor, the teens are required to complete three training sessions.

During the 12-week experience, participants have to commit to a 15-hour-week work schedule during the school year, or to 15 to 30 hours a week during the summer in addition to attending weekly workforce preparation trainings. Upon completing the those requirements, the teens are awarded a \$500 stipend for 180 hours of work and a \$1,000 stipend for 360 hours. Qualified teens can work two terms per calendar year for a maximum of six terms.

Katie Elkins, nutrition apprentice, recently started her first

term with the HIRED! program and works Mondays and Fridays for a total of 15 hours a week. Elkins works with Madge McNaboe, a nutritionist with CYSS. Elkins learns about proper nutrition and assists in placing food orders for child care activities on post.

McNaboe, now in her third term as a mentor, said the program is beneficial to both the mentors and the teens.

"Having teens in the organization brings fresh ideas and enthusiasm," she said. "Even if the teens don't choose to join the particular workforce they apprentice in, they leave with valuable work experience."

Simona Tautkus, workforce readiness preparation specialist, said she wants teens who are interested in being a part of the program to know what awaits them.

"Be prepared to take responsibility ... and be ready to give up some of your free time and learn new skills," Tautkus said.

Tautkus also stressed that mentors should be patient because the program is the first work experience for most of the teens.

Apprenticeships are available in a variety of career fields — from dentist offices to the pools around post. Some of the more popular work sites and most requested sites to apprentice at are fitness centers, child care facilities, and Palmetto Falls Water Park and the Fort Jackson Golf Club during the summer.

The next available apprenticeship program is scheduled Aug. 26 through Nov. 18. Application must be completed by Aug. 17.

For more information, call Tautkus at 751-1136.

FMWR calendar

THURSDAY

- ❑ Visit **Century Lanes** for food, fun and bowling.
- ❑ **Victory Bingo**, 2 to 11 p.m.
- ❑ Sleepy Storytime at the **Post Library**, 6:30 to 7 p.m. Come in pajamas and go home ready for bed.
- ❑ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.

FRIDAY

- ❑ Look what I can do, **Thomas Lee Hall Library**. Call 751-5589 for more information.
- ❑ Visit **Thomas Lee Hall Library** for Mommy and Me, a lapsit program, starts at 11 a.m.
- ❑ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for the seafood buffet.
- ❑ **Victory Bingo**, starts at 2 p.m.
- ❑ Dance to a variety of music provided by DJ Randall at **Magruder's Club**, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Every other Friday, sing along to Linda's Carraoke Karaoke. Be early for happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.
- ❑ Every Friday is Artistic Expression with Jake at 6:30 p.m. in the Teen Room at the **Youth Services Center**.

SATURDAY

- ❑ **Victory Bingo**, starts at 1 p.m.
- ❑ Step Team practice, 2 p.m., dance room at the **Youth Services Center**.

SUNDAY

- ❑ Enjoy a traditional Sunday brunch buffet at the **Officers' Club**, 11 a.m. to 1:30 p.m.
- ❑ **Victory Bingo**, starts at 10 a.m.
- ❑ Every Sunday is Family Day at the **Youth Center**, 2-6 p.m.

WEDNESDAY

- ❑ Victory Readers Club, 6 to 8 p.m., **Post Library**.
- ❑ **4-H Club** meets 4 to 5 p.m; for grades 1-5. Call 751-1136 for information.

For a full calendar of events, visit www.fortjacksonmwr.com.

ONGOING OFFERS

- ❑ The Officers' Club specializes in wedding receptions, anniversaries, promotions and other special occasions. For more information, call 782-8761.
- ❑ The Officers' Club is open for lunch Tuesday through Friday, 11 a.m. to 1:30 p.m.
- ❑ Child, Youth and School Services provides child care and youth programming on Saturdays at no cost for active-duty parents who must work to meet mission requirements. Others requiring care may sign up, but will pay the usual hourly rate. All users must be signed up with Child, Youth and School Services. Registration is free at the Central Enrollment Office in the Joe E. Mann Center. For more information, call 751-4865.



A showcase for discipline

Soldiers compete in body building competition

By **ANDREW McINTYRE**
Fort Jackson Leader

Competitors flexed their biceps, thighs, calves and even back muscles at the 2nd Annual Bodybuilding Competition, Saturday, at the Solomon Center.

"Bodybuilding is an opportunity for competitors to showcase their discipline and get love and support from fans and family. It can be a very positive outlet," said Pamela Long, fitness programmer and event coordinator.

Twelve competitors vied for an overall score and against each other for the title of best bodybuilder in their respective categories. This year's participants included Soldiers, DoD civilians and off-post bodybuilders looking for the opportunity to claim the title.



Mark Stephens displays his triceps muscles during the bodybuilding competition Saturday at the Solomon Center.

The event received good marks from at least one of the judges.

"I thought this was an awesome competition," said Teresa Moore, the head judge. "I can see the competitors worked hard. They put a lot of work into it, and they put a lot of work into their training, into their diet and to their posing and their presentation. We had the crowd

yelling, clapping and screaming. It was really great."

Seven judges with a history of working with the International Federation of Bodybuilders scored the competition and, at the end, gave insight to participants. The judges looked for competitors to apply the fundamentals of bodybuilding. They also looked for what one judge called the "total package."

"It's size, definition, and shape. Shape is going to be more genetic, but you can alter it by putting on more size. It's the total package," said Lee Lipscomb, assistant judge.

One first-time competitor, Ray Summers, a Soldier with Task Force Marshall, said he tries to work out at least five times a week and he felt good

while on stage. But working out is not the only requirement to look the part.

"Nutrition is 90 percent of this game," said Steve Sawyer, assistant judge. "If your diet is not on track, you will most likely not succeed on the stage."

Long said the benefits of bodybuilding go beyond striking a good figure.

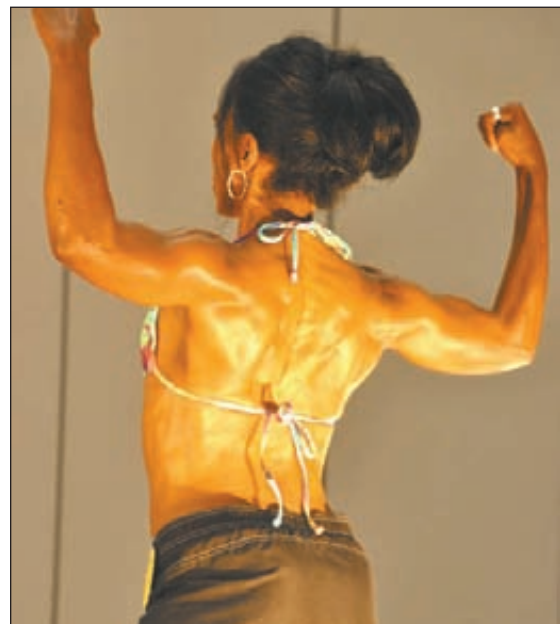
"If you want to make changes in your body and really see how far you can improve your exercise, eating and discipline habits, body building is an avenue to bring something physically special out of you and give you a level of self confidence that you can cherish for a very long time," Long said.

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Photos by ANDREW McINTYRE

Steven Webley demonstrates a pose for the judges. Webley, a master sergeant with the 108th Training Command in Charlotte, N.C., was the overall winner of this year's bodybuilding competition. He competed in the heavyweight and master's categories of the event.



Alsena Edwards, the winner in the figure and 50-plus categories, displays her back muscles.